

NervoStress



Saves you from stress and nervousness



Active compounds which stimulate the release of the happiness hormone:



L-tryptophan;



Theobromine from
cocoa extract.





Dried valerian root
extract



Dried hops fruit
extract



Dried cocoa extract



L-tryptophan



Magnesium

Valerian

Valerian has a sedative effect on the central nervous system.

Valerian is recommended for insomnia, headaches.

Valerian prevents spasms and seizures, sustains the biliary and gastrointestinal activity, and supports the cardiovascular system and lowers blood pressure.



Hops

It has a sedative effect and helps treat different diseases caused by dysfunctions of the nervous system.

Hops improves digestive functions and sustains the activity of the stomach.

Hops and valerian provide an immediate effect, and EFSA confirms the fact that this combination has a sedative effect.



Cocoa

Cocoa improves the mood and supports the body's resistance to different harmful effects of physical and chemical factors.

Studies have shown that theobromine (the active ingredient in cocoa) supports blood circulation and ensures proper oxygenation of the body.

Cocoa reduces stress, helps in sleep disorders, in the case of cardiovascular disease and strengthens the heart and nervous system.



L-tryptophan

The human brain requires tryptophan (an amino acid), a neurotransmitter associated with normalizing well-being.

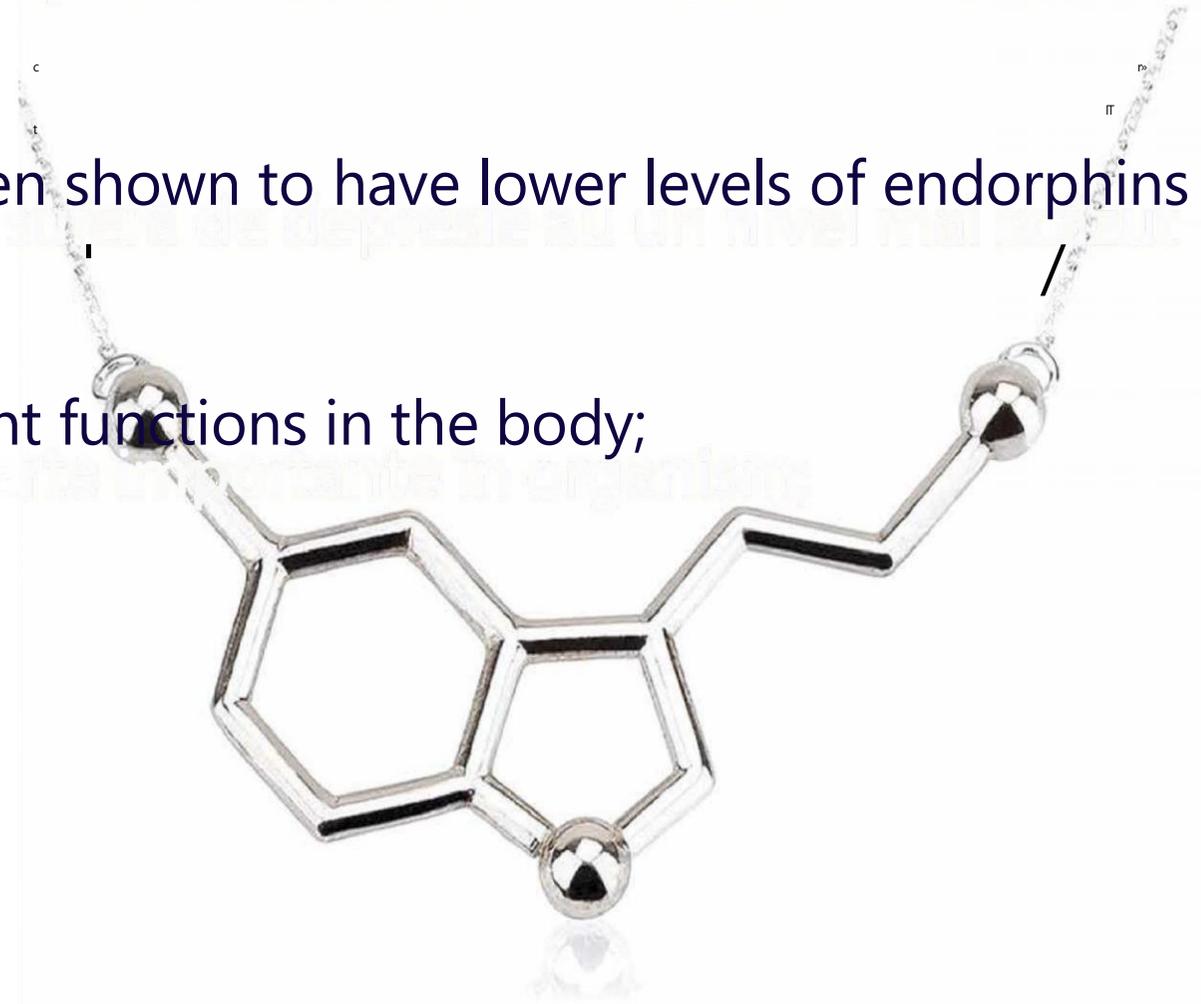
Endorphins (happiness hormones) in nerve cells are made up of L-tryptophan amino acids.

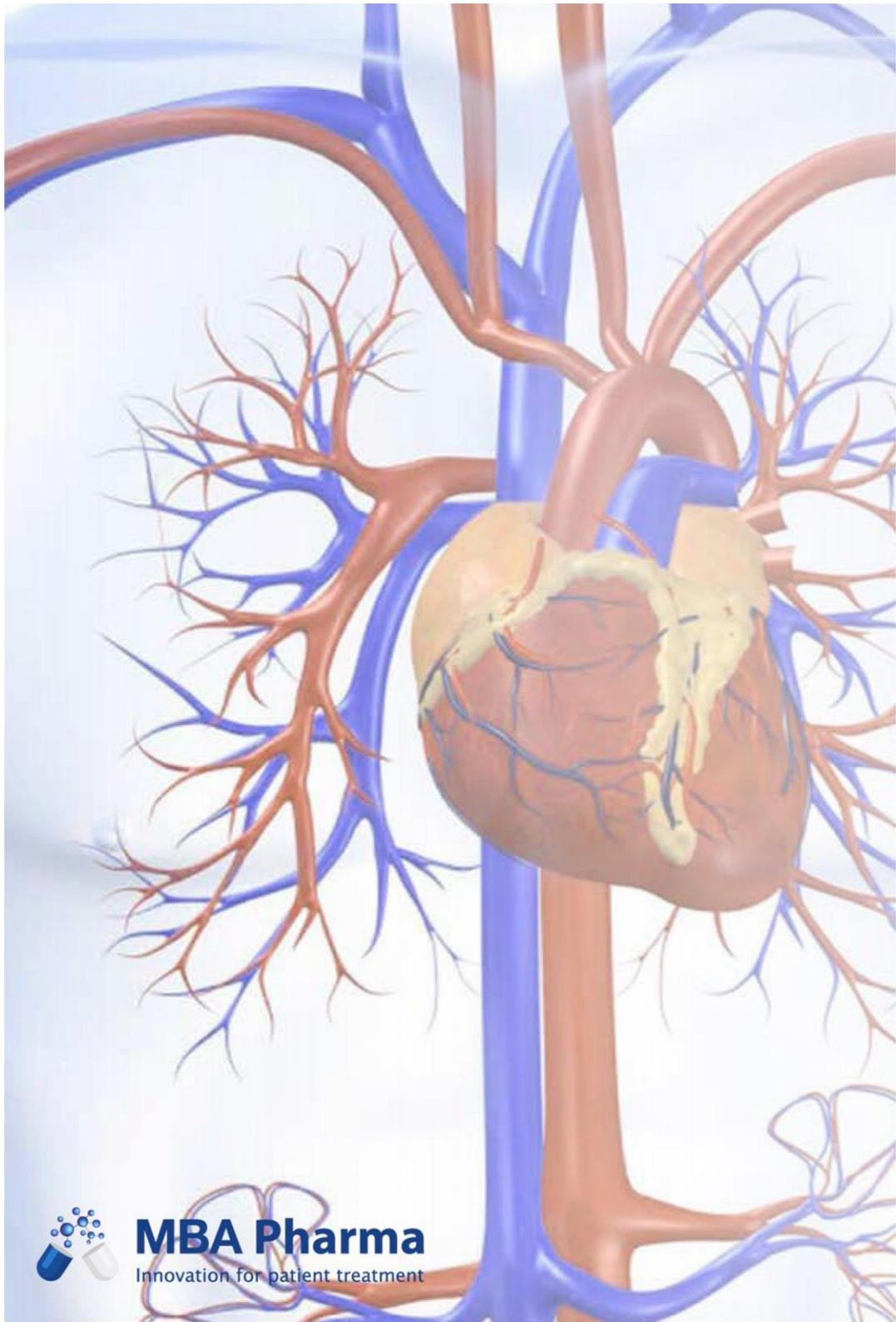
People with depression have been shown to have lower levels of endorphins in the body.

L-tryptophan plays very important functions in the body;

Helps regulate:

the balance of the nervous system, mental stability, mood, sleep, etc.





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Magnesium Oxide

Magnesium is vital to the nervous system, as it stabilizes the membranes of nerve cells, reduces irritability and helps balance Ca^{2+} , Na^{+} and K^{+} ions.

Magnesium protects both the heart and the vascular system.

Magnesium deficiency can cause:

Fatigue

Anxiety

Muscular

cramps

Weakness

Loss of energy

Insomnia

ACUM cea mai bună soluție



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Combined with

NervoStress

Calm - No stress - Cheerful



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